

40 HOUR Adoration Event



Spend some time in the presence of Jesus.

1

Set aside some time during March 20-26, 2023 to spend some time in Adoration with the presence of Jesus in the Eucharist. Parishes around the Archdiocese are hosting special 40 hour Adoration times to join together in the National Eucharistic Revival.



Invite a friend or family member and bring your children

2

if you've never been to Adoration before and just aren't sure what to do, don't worry. All that is required is you! Jesus is already present, He is waiting for you to spend a little time with Him. Share an invitation to join with you in this special time with a friend or family member. Children are especially welcome in Adoration.



Set aside electronic devices

3

Set aside your phone and headsets to just sit quietly in the presence of our Lord. Many Adoration chapels offer various prayer cards and publications as well as Bibles to read while you are in Adoration. Pray a Rosary or Divine Mercy Chaplet. Read the Mass Readings for the day and reflect on what God is speaking to your heart.



Be still

4

In a world filled with so much noise, distractions and demands, we often do not have time to sit quietly and pray. Adoration allows you to sit with Jesus and just be still. You are welcome to pray, to rest, to reflect and to simply be in the presence of Jesus.

40 HOUR *Adoration Event*



Parish name
Parish Address
City, OK
Phone number
Email address
Contact person

Hours of 40 Hour Adoration Event
00:00 AM - 00:00 PM
DAYS

The Eucharist is the heart of the Church.
Where Eucharistic life flourishes,
there the life of the church will blossom.

POPE SAINT JOHN PAUL II

www.eucharisticrevival.org
www.archokc.org